



Ty Young

CERTIFIED LIFE COACH | ENTREPRENEUR
AUTHOR

professional bio

Ty Young is an empowering certified life coach, author, serial entrepreneur, and graphic designer from Chicago. Ty endeavors to influence individuals to walk in their purpose and to defeat unacknowledged imposter syndrome.

Through years of personal development, Ty has become knowledgeable in the areas of communication, boundary setting, and identifying the power it takes to reach major goals. Through her brand SIX24, LLC she works with clients, primarily women, to conquer limiting beliefs and personal self-doubt. She holds successful free monthly group coaching sessions through her Conversations with Coach Ty platform.

Ty also creates writings, rather fiction or non-fiction, to be reading material that generates conversation and helps change perspective and mindset shifts.

When she's not focusing on being a ray of light and pouring out inspiration and hope, she is a mother to her son and enjoys blogging and expressing her alter ego on her blog, CIRCAPURPLE and podcast PURPLE CONVERSATIONS.

speaking topics

THE POWER OF INTROSPECTION

TEACHING THE ART OF INTROSPECTION AND LEARNING HOW TO TALK TO YOURSELF. TEACHING PERSONAL DEVELOPMENT TECHNIQUES THAT FOSTER PERSONAL GROWTH AND SELF-HONESTY THAT TRANSCENDS TO GREATER LIFE FULFILLMENT. (TEEN+ CROWD)

THERE'S POWER IN SELF-PUBLISHING

SHOWCASING THE LEVERAGE AUTHORS HAVE THAT CAN CATAPULT THEM INTO GREATER CAREER OPPORTUNITIES. TEACHING AUTHORS TO BE MORE THAN AUTHORS, BUT TO BE BRANDS AND AUTHORITIES OF THEIR PERSONAL UNIQUENESS. (YOUNG ADULT + CROWD)

3 KEYS TO EFFECTIVE COMMUNICATION: INTROSPECTION + VULNERABILITY + PERSPECTIVE

TEACHING HOW TO IMPROVE COMMUNICATION BY FINE-TUNING 3 MAJOR AREAS IN THEIR LIVES. TEACHING THE ART OF INTROSPECTION AS A TOOL TO HELP INDIVIDUALS DETERMINE EXACTLY WHAT THEY NEED AND UNDERSTANDING ROOTED IDEOLOGIES. BREAKING DOWN THE POWER OF VULNERABILITY WHICH GIVES INDIVIDUALS THE COURAGE TO ASK FOR WHAT THEY WANT AND NEED. AND UNLOCKING THE MAGIC OF PERSPECTIVE TO CREATE A FLUID TWO-WAY STREET OF COMMUNICATION. (ADULT + CROWD: CORPORATE)

FUEL YOUR PURPOSE WITH AUDACITY

TEACHING TECHNIQUES TO IDENTIFY PURPOSE AND FINE-TUNING HOW TO COMMUNICATE THE PURPOSE. UPON ESTABLISHING PURPOSE FUELING IT WITH POWERFUL AUDACITY THAT CREATES FEARLESS INDIVIDUALS AND POWERFUL EXECUTION OF ONE'S PURPOSE. (COLLEGE, CORPORATE, BUSINESS, WOMEN EMPOWERMENT GROUPS)



WWW.SIX24LIFE.COM

TY@SIX24LIFE.COM

708.872-5110

The Advocate for Change

DISCOVERING CHANGE AND
UNLOCKING GREATNESS!