



Ty Young

CERTIFIED LIFE COACH
ENTREPRENEUR
AUTHOR

The Advocate for Change

DISCOVERING CHANGE AND
UNLOCKING GREATNESS!

six²4

Ty's journey started in 2003 when she decided that she wanted to start writing her first novel. She had no idea what she was doing but it was something she was determined to do. Upon completion of her first novel, *My Journey to Life*, Ty began her search for a literary agent and book publishing deal. After years of being unsuccessful in her seek, she put the manuscript back on the shelf and moved on to other parts of her life.

Throughout Ty's years, while the passion to be a writer remained in her heart, she decided to do some self-work to conquer a lifelong battle with depression. Ty learned to do the work long before it was famously quoted by Mother Iyanla Vanzant. Ty had an understanding that life was meant to be more fulfilling than it had been, and she was resolved to rewrite the rest of her years.

During a messy marriage Ty leaned on the power of distraction and started her first company, Young Dreams Publications (now Young Dreams Publications and Media, LLC) in 2009, and used it to produce graphic design projects for her church and other organizations.

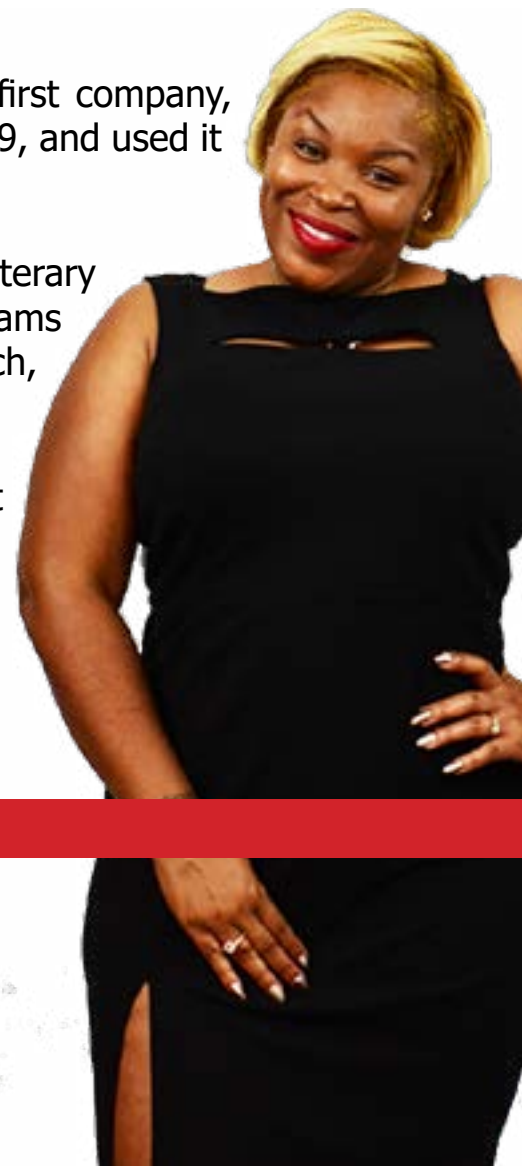
Fast-forward to 2014 on the brink of divorce, Ty decided that she didn't need a literary agent or publishing house to produce her book and figured out how to bring her dreams to fruition on her own. Now an 8-time self-published author and self-publishing coach, Ty truly recognizes the power in believing in herself.

Ty became a certified life coach in 2019. The journey to life coaching was an inept skill that Ty had already possessed and was walking in prior to realizing that she could receive certification for it. Ty started SIX24, LLC shortly after receiving her life coaching certification. She has been using her gift of inspiration and hope to empower her clients and many who follow her through social media.

personal
story

THE ADVOCATE FOR CHANGE!

CERTIFIED LIFE COACH
MINISTER OF HOPE AND INSPIRATION



TY YOUNG



professional bio

Ty Young is an empowering certified life coach, author, serial entrepreneur, and graphic designer from Chicago. Ty endeavors to influence individuals to walk in their purpose and to defeat unacknowledged imposter syndrome.

Through years of personal development, Ty has become knowledgeable in the areas of communication, boundary setting, and identifying the power it takes to reach major goals. Through her brand SIX24, LLC she works with clients, primarily women, to conquer limiting beliefs and personal self-doubt. She holds successful free monthly group coaching sessions through her Conversations with Coach Ty platform.

Ty also creates writings, rather fiction or non-fiction, to be reading material that generates conversation and helps change perspective and mindset shifts.

When she's not focusing on being a ray of light and pouring out inspiration and hope, she is a mother to her son and enjoys blogging and expressing her alter ego on her blog, CIRCAPURPLE and podcast PURPLE CONVERSATIONS.



speaking topics

SPEAKER'S FEE - \$100 PER HOUR (\$65 HALF HOUR - 90 MINUTES \$150)

PANEL SPEAKER'S FEE - \$80 PER SEGMENT 20-45 MINUTES

THE POWER OF INTROSPECTION

TEACHING THE ART OF INTROSPECTION AND LEARNING HOW TO TALK TO YOURSELF. TEACHING PERSONAL DEVELOPMENT TECHNIQUES THAT FOSTER PERSONAL GROWTH AND SELF-HONESTY THAT TRANSCENDS TO GREATER LIFE FULFILLMENT. (TEEN+ CROWD)

THERE'S POWER IN SELF-PUBLISHING

SHOWCASING THE LEVERAGE AUTHORS HAVE THAT CAN CATAPULT THEM INTO GREATER CAREER OPPORTUNITIES. TEACHING AUTHORS TO BE MORE THAN AUTHORS, BUT TO BE BRANDS AND AUTHORITIES OF THEIR PERSONAL UNIQUENESS. (YOUNG ADULT + CROWD)

3 KEYS TO EFFECTIVE COMMUNICATION:

INTROSPECTION + VULNERABILITY + PERSPECTIVE

TEACHING HOW TO IMPROVE COMMUNICATION BY FINE-TUNING 3 MAJOR AREAS IN THEIR LIVES. TEACHING THE ART OF INTROSPECTION AS A TOOL TO HELP INDIVIDUALS DETERMINE EXACTLY WHAT THEY NEED AND UNDERSTANDING ROOTED IDEOLOGIES. BREAKING DOWN THE POWER OF VULNERABILITY WHICH GIVES INDIVIDUALS THE COURAGE TO ASK FOR WHAT THEY WANT AND NEED. AND UNLOCKING THE MAGIC OF PERSPECTIVE TO CREATE A FLUID TWO-WAY STREET OF COMMUNICATION. (ADULT + CROWD: CORPORATE)

FUEL YOUR PURPOSE WITH AUDACITY

TEACHING TECHNIQUES TO IDENTIFY PURPOSE AND FINE-TUNING HOW TO COMMUNICATE THE PURPOSE. UPON ESTABLISHING PURPOSE FUELING IT WITH POWERFUL AUDACITY THAT CREATES FEARLESS INDIVIDUALS AND POWERFUL EXECUTION OF ONE'S PURPOSE.

(COLLEGE, CORPORATE, BUSINESS, WOMEN EMPOWERMENT GROUPS)



TY YOUNG

*let's chat about
your event!*

WWW.SIX24LIFE.COM

TY@SIX24LIFE.COM

708.872.5110

